

PE learning Opportunity Examples

- Using different sized balls in the outside area and PE
- Going up and down steps into the reception classroom
- Climbing on the trail on the KS1 area and in the Reception outside area
- Skipping, hopping in PE lessons and practice of standing on one leg
- Group activities outside at playtime and lunch time, some of which the pupils make up by themselves
- Learning dance moves
- Negotiating space and obstacles in the outdoor area, the KS1 playground and Reception outdoor area
- PE lessons with a focus on moving energetically:- running, jumping, dancing, hopping, skipping and climbing and using a range of large and small apparatus inside and outside
- Cosmic yoga sessions to improve core body strength
- Lining up and queuing at mealtimes and other times when the class or group leave the classroom.

PE provision:

- KS1 playground with slide and trim trail.
- Reception outside area with track for bikes and trim trail
- Box of different sized balls, hoops, beanbags and other PE equipment
- Scooters, trikes, bikes and balance bikes.

How do we provide a foundation of PE skills and knowledge in EYFS ?

How does the learning in EYFS help pupils to build upon learning in KS1/2?